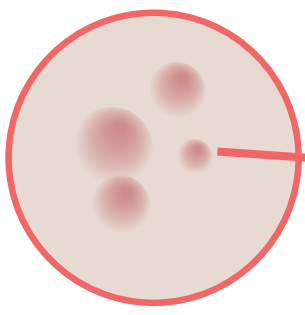


Could those bumps and blemishes be rosacea?

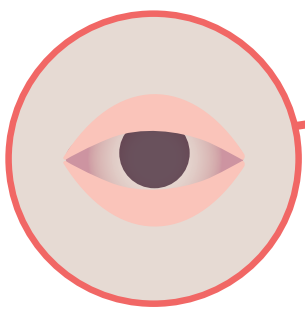
Acne and rosacea are two of the most common skin conditions out there and because the painful, red bumps that characterize rosacea look a lot like acne, they're often mistaken for each other. This chart can help to identify if those bumps are rosacea, acne or a little bit of both

Common Symptoms of Rosacea

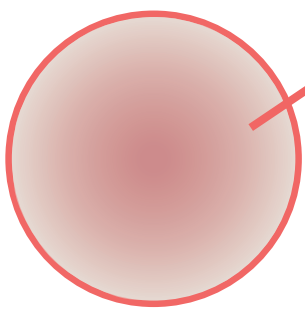
Pimple-like breakouts
But no blackheads



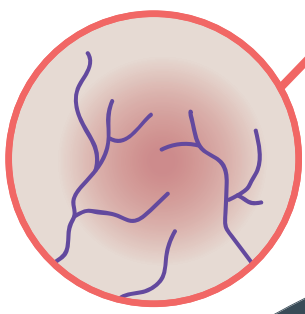
Eye problems
Including bloodshot eyes, red and swollen eyelids, problems seeing and discomfort



Facial redness
Near the central part of your face—cheeks, forehead, nose or chin. Redness may come and go or be permanent

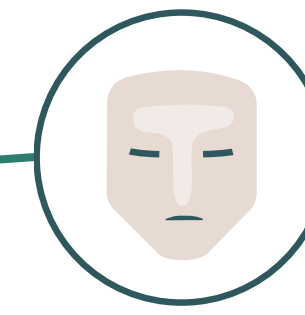


Visible blood vessels
Caused by broken capillaries in the cheeks

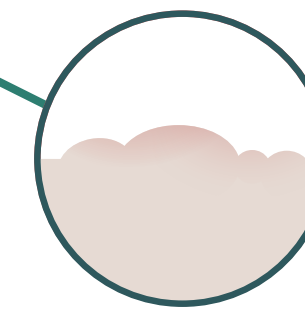


Common Symptoms of Acne

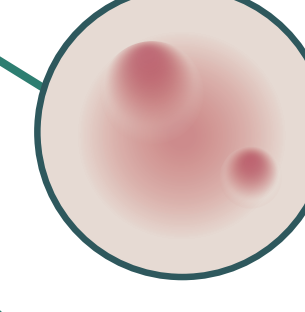
Oily T-zone
Affecting the nose, chin and forehead



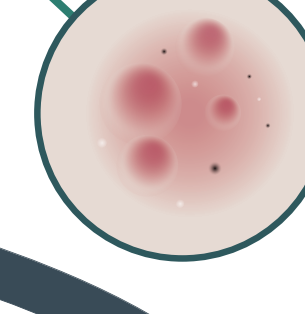
Uneven skin texture
Bumpy skin texture, due to blemishes and scars



Redness
Occurs around breakouts only



Presents as pimples
Including blackheads, whiteheads, pimples or deep painful cysts



How people see rosacea

95%

said they had known little or nothing about signs and symptoms prior to their diagnosis*

90%

said their condition had lowered their self-confidence and self-esteem*

63%

experience symptoms almost continuously¹

88%

said the disorder had adversely affected their professional interactions*

Think you might have rosacea?

Book an appointment with your Family Physician or Dermatologist today to discuss managing your rosacea and aiming for clear

1. Rosacea: Beyond the visible online report, BMJ Hosted Website (<http://hosted.bmj.com/rosaceabeyondthevisible>). Last accessed: March 2021
*www.rosacea.org

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